



# PSE

Private & Public School F-1  
Exchange



## Trimester Program School and Community Profiles

**2023-24 Programs**

**Comprehensive School Profiles in ZAPP School Module**

# California

## ANAHEIM | Anaheim Union Public School District

An ethnically diverse suburban community 25 miles from downtown Los Angeles and home to the Disneyland Resort, Anaheim is near stunning Orange County beaches famed for their fantastic locations for beginner and advanced surfers.



### Anaheim Union Public School District

Award-winning schools including California Distinguished Schools, U.S. Blue Ribbon and California Gold Ribbon

- All schools offer AP courses
- Avg. total students per school: 2,300

**Clubs** Acapella, Chess, Anime, Environmental, Film, Dance, Speech & Debate, Choir, Marching Band, Drama, Orchestra, Newspaper, Culinary

**Athletics** Volleyball, Cross Country, Soccer, Basketball, Baseball, Cross Country, Track, Tennis, Swimming, Water Polo, Wrestling

**Airport** Los Angeles International (LAX)

## PETALUMA | St. Vincent de Paul High School

Quiet small-city just 40 miles from San Francisco, Petaluma retains a charming riverfront downtown boasting historic buildings, ample shopping, local restaurants and an abundance of outdoor recreational opportunities.



### St. Vincent de Paul High School

College preparatory education and supportive community

- Enrollment: ~215
- 21 AP and honors courses offered
- Renovated athletic facility and brand-new arts center
- Nationally ranked debate team

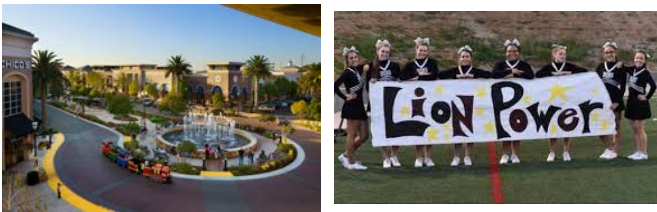
**Clubs** Student Government, Ambassadors, Drama Productions, Art, Board Game, eSports, Music, Garden, Chess, Philosophy

**Athletics** Cheerleading, Cross Country, Football, Soccer, Volleyball, Basketball, Baseball, Golf, Softball, Swim & Dive, Track, Tennis

**Airport** Oakland (OAK) or San Francisco (SFO)

## ROSEVILLE | Valley Christian Academy

Sacramento suburb Roseville is known as a regional shopping destination with the second largest mall in northern California.



## VICTORVILLE | Victor Valley Christian School

Main city in the high desert surrounded by the San Bernadino mountains, Victorville's brown terrain lacks vegetation but has a stark beauty.



### Valley Christian Academy

A nurturing environment offering a strong, well-rounded, principle-driven education

- K-12 enrollment: ~300
- 18:1 student to teacher ratio
- Auditorium, gymnasium, baseball field, weight room

**Clubs** Student Government, Community Service, Drama, Journalism, Band, Homecoming, Spirit Week

**Athletics** Baseball, Softball, Cheerleading, Football, Volleyball, Cross Country, Basketball, Golf

**Airport** Sacramento International (SMF)

### Victor Valley Christian School

Strives to meet the needs of all and offers courses that fulfill requirements for entrance into the University of California system

- K-12 enrollment: ~338
- Library, media center, computer lab, science lab

**Clubs** Community Service Learning, National Honor Society

**Athletics** Basketball, Baseball, Softball, Volleyball

**Airport** Ontario (ONT) or John Wayne (SNA)

# Florida

## SOUTH DAYTONA | Warner Christian Academy

South Dayton is just minutes away from world-renowned white sand Atlantic Ocean beaches. Other notable nearby attractions are Daytona Beach boardwalk, Daytona International Speedway and Disney World.



### Warner Christian Academy

Excellent education, highly qualified and caring faculty, strong athletic and arts programs

- Robust band program, marching band, concert & pep bands
- 12:1 student to teacher ratio
- Drama program provides on-stage and off-stage training

**Clubs** Yearbook, Newspaper, Student Government, Honors Society

**Athletics** Volleyball, Football, Soccer, Basketball, Baseball, Softball, Cheerleading

**Airport** Daytona Beach (DAB)

# Illinois

## ROCKFORD | Keith Country Day School

An abundance of gorgeous natural areas, numerous museums and cultural attractions make Rockford, nicknamed the Forest City, an idyllic Midwest town in any of its four seasons.



### Keith Country Day School

Friendly inclusive environment that embraces a diversity of people, cultures and ideas

- #1 ranked private school in Rockford area with average class size of 12-14 students
- Smart boards, laptops, Commons area, music room, art studio
- 15-acre campus in quiet residential neighborhood with view of Rock River

**Clubs** Ambassadors, Amnesty International, A Capella, Ceramics, Energy Net, Honor Council, Model UN, Music Society, Ping Pong

**Athletics** Volleyball, Soccer, Basketball, Golf, Cross Country, Tennis

**Airport** Chicago O'Hare (ORD)

# Maine

## AUBURN | St. Dominic Academy

Small city two hours from Boston and half hour from Portland, Auburn is home to natural gem Lake Auburn, with plenty of festivals, parks, and outdoor recreation.



## CAMDEN | Watershed School

Picturesque town on the Maine Coast, spectacular setting on Penobscot Bay, Camden offers opportunities for sailing, skiing, mountain biking and hiking.

### St. Dominic Academy

College preparatory school founded in 1881

- 72-acre campus in a newer facility that opened in 2002
- 250 students in upper school (grades 6-12)
- 10:1 student to teacher ratio with average class size of 15 students

**Clubs** Art, Chess, Drama, Math, Mock Trial, Yearbook, Video Game, Nature, Art, Model UN, Film, World Language, Garden, Robotic

**Athletics** Basketball, Field Hockey, Ice Hockey, Lacrosse, Soccer, Softball, Baseball, Football, Golf, Cross Country, Skiing, Swimming, Tennis, Track & Field

**Airport** Portland International Jetport (PWM)



### Watershed School

Unique intellectually challenging high school encourages students to strive for personal growth and to make meaningful contributions to the world

- Enrollment: 26-30 in grades 9-12
- Small classes, supportive atmosphere, highly qualified teachers, independent study, fieldwork
- Annual fall fieldtrip; February trip to Quebec, Canada; all school meetings; community service projects; performance evenings; Camden international affairs conference; climate, action and leadership lab

**Athletics & Clubs** Rockland Community Sailing, Megunticook Rowing, drama, theater, music

**Airport** Portland International Jetport (PWM)

# Maine

## WATERVILLE | Temple Academy

Vibrant small city on the banks of the Kennebec River in Maine, Waterville is home to Colby College, with a variety of restaurants, shopping, cinema, arts, hiking and cross country ski trails.



### Temple Academy

Holistically approaching student development by shaping students to be leaders in a global economy

- Enrollment: 240 in grades K-8 and 80 in grades 9-12
- Percentage of international students: 15%
- School trips to Boston and other areas in Maine
- Casual dress code

**Clubs** Fishing, Yearbook, Student Council, Mathletes, Robotics, Honor Society, E-sports, Band, Chorus, Drama, Cooking, Creative Writing

**Athletics** Soccer, Volleyball, Basketball, Softball, Baseball, Tennis, Track and Field

**Airport** Augusta (AUG)

# Massachusetts

## MILFORD | Milford Public High School

Friendly community 30 miles from Boston with population just over 28,000. Known for its Milford pink granite used to construct buildings in Boston, New York and Washington, D.C.



### Milford Public High School

Helping students develop the core values for success – Strength, Opportunity, Achievement, and Respect

- One of Boston Magazine's top 100 best schools in the Boston area
- 25-acre campus with auditorium, video production center, plant & specimen room, music library, gym, swimming pool, media center

**Clubs** Microfinance, Debate, Mock Trial, Yearbook, Newspaper, Science Olympiad, Theater Workshop, Student Leadership

**Athletics** Football, Cheerleading, Soccer, Field Hockey, Golf, Volleyball, Cross Country, Basketball, Ice Hockey, Track, Swimming, Wrestling, Baseball, Softball, Tennis, Lacrosse

**Airport** Boston Logan (BOS)

# Missouri

## KANSAS CITY | Lutheran High School of Kansas City

Straddling the Missouri-Kansas state line and best known for its barbeque, jazz heritage, fountains and distinctive neighborhoods. Ranked in the top 50 best places to live with a thriving arts and culture scene and pro-rated sports teams.



### Lutheran High School of Kansas City

Seeks to nurture well-rounded students by expecting active engagement in academics and extracurricular activities

- Enrollment: ~135
- 10:1 student to teacher ratio
- Rated A+ high school by state of Missouri

**Clubs** Art, Gaming, Science, Sign Language, Choir, Band, Student Council, Drama, Robotics, Community Service

**Athletics** Baseball, Basketball, Cheerleading, Cross Country, Dance, Soccer, Tennis, Track and Field, Volleyball

**Airport** Kansas City (MCI)

# New York

## ROCHESTER | The Aquinas Institute of Rochester Bishop Kearney High School Northstar Christian Academy

Situated on the shores of Lake Ontario, the “Flower City” has 12,000 acres of parkland and an urban-suburban feel. Consistently ranked one of the most desirable places to live in NY state, Rochester is home to high tech advanced manufacturing companies and the University of Rochester.

### Aquinas Institute of Rochester

Committed to creating model citizens of the future

- Enrollment 6-12: ~775
- 33-acre campus
- TV studio, collegiate style union
- Media and fine arts centers

**Clubs** Marketing, Math League, Robotics, Ski, Mock Trial, Newspaper

**Athletics** Football, Volleyball, Soccer, Basketball, Cross Country, Cheer, Golf, Baseball, Softball, Tennis, Boxing, Ice Hockey, Bowling

**Airport** Rochester (ROC)



### Bishop Kearney High School

Quality college prep education in a family environment

- Enrollment 6-12: ~300
- 42-acre campus
- Student-run TV station
- Strong in science and communications

**Clubs** Amnesty International, Builders, Drama, Engineering, Folk Group, Environmental Science, Student Council

**Athletics** Soccer, Football, Cross Country, Basketball, Bowling, Track and Field, Baseball, Golf, Lacrosse, Tennis, Cheerleading, Softball

**Airport** Rochester (ROC)



### Northstar Christian Academy

Nurturing, small school environment celebrates high academic achievement

- Enrollment K-12: ~340
- 15-acre campus
- Computer lab, athletic fields, gymnasium

**Clubs** Drama, Chess, Spirit, Environmental

**Athletics** Soccer, Basketball, Baseball, Softball, Bowling, Cheer, Wrestling, Cross Country, Track and Field

**Airport** Rochester (ROC)



## SMITHTOWN | Smithtown Christian School

On the beautiful and peaceful North Shore of Long Island just 30 minutes away from the bustle of New York City, Smithtown is often recognized as one of the best places to live in New York. Long Island beaches are world renowned for their fine, white sand, miles of boardwalks and beach trails.



### Smithtown Christian School

Broad range of enriching opportunities including college prep courses, art, drama, music, technology and athletics

- Enrollment K-12: ~320
- 15-acre campus
- Small classes allow for personal attention
- STEM labs and music rehearsal studios

**Clubs** Newspaper, Band, Orchestra, Chorus, Photography

**Athletics** Soccer, Volleyball, Cross Country, Basketball, Swimming, Baseball, Softball

**Airport** John F. Kennedy (JFK)

# Ohio

## TOLEDO | Notre Dame Academy

On the shores of Lake Erie, Toledo is the fourth largest city in Ohio centrally located between Chicago and Cleveland. Boasting a vibrant cultural scene, it is home to the Toledo Museum of Art, Glass Pavilion and a revitalized downtown.



### Notre Dame Academy

Elite **all-girls** school with NW Ohio's only IB Diploma Program

- Enrollment ~700 in grades 7-12
- Nationally ranked debate team
- Renowned visual and performing arts program
- 18 acre-campus with 1200 seat theater, art studios, 3D makerspace

**Clubs** Art, Craft, Dance Team, Hip Hop Dancing, Musicals, Anime, Archery, Fashion, Film, Environmental, Ski & Snowboard, International

**Athletics** Equestrian, Crew, Broomball

**Airport** Toledo Express (TOL)

# Oregon

## EUGENE | Marist Catholic High School

Second largest city in Oregon, Eugene is a bustling university town with the numerous cafes, museums, locally owned stores, parks and trails for hiking, running and cycling.



### Marist Catholic High School

College preparatory academic program integrating intellectual, spiritual, social and physical student development

- Enrollment ~500
- Spacious, modern facility with up-to-date technology
- Average class size: 21

**Clubs** Theater, Chess, Outdoor Adventure, Robotics, Environmental

**Athletics** Football, Volleyball, Cheer, Basketball, Cross Country, Track, Soccer, Softball, Baseball, Swimming, Tennis, Water Polo, Ski, Golf, Lacrosse

**Airport** Eugene (EUG)

## PORTLAND | Portland Adventist Academy Valley Catholic High School

On the Columbia and Willamette Rivers in the shadow of Mount Hood, Portland is well-known for its coffee shops, rainy days, bridges, bicycle paths and outdoorsy lifestyle. The breathtaking Oregon coast is a short drive away.

### Portland Adventist Academy

Seventh-day Adventist high school with comprehensive ESL & international student mentoring programs

- On-site video production and recording studios
- Strong music program with band, choir, string orchestra and guitar classes

**Clubs** Ski & Snowboarding, Rock Climbing, Mountaineering, Community Service

**Athletics** Soccer, Basketball, Golf, Cross Country, Volleyball, Softball

**Airport** Portland (PDX)



### Valley Catholic High School

Tight-knit community with opportunity for everyone in academics, athletics, activities and the arts

- Strong band, choir and orchestra programs
- New science building with state-of-the-art labs
- Auditorium, gymnasium, athletic fields, library, greenhouse

**Clubs** Choir, Band, Orchestra, Drama, Community Service

**Athletics** Football, Cross Country, Soccer, Volleyball, Dance, Basketball, Swimming, Baseball, Golf, Softball, Tennis, Track and Field

**Airport** Portland (PDX)

# Tennessee

## NASHVILLE | Lipscomb Academy

Known as Music City, Nashville has much to offer in the way of entertainment, art, culture, sports, shopping and food. Its distinct neighborhoods have their own unique character with local shops, music venues, and restaurants to explore.



### Lipscomb Academy

Helping students discover their passions while laying a foundation that will serve them throughout their life

- Enrollment: ~450 students in grades 9-12
- 10:1 student to teacher ratio
- Situated on Lipscomb College campus with access to university resources, faculty and facilities

**Clubs** Art, Book, Climbing, Mock Trial, Model UN, Robotics, Songwriting, Service

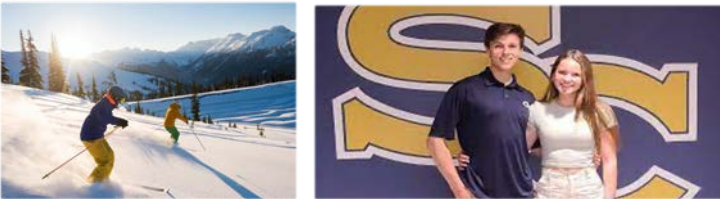
**Athletics** Community Recreational Basketball, Swimming

**Airport** Nashville International (BNA)

# Washington

## VANCOUVER | Seton Catholic College Preparatory High School

On the north bank of the Columbia River Vancouver is considered the largest suburb of Portland, Oregon. Outdoor recreation is abundant, and the city has a vibrant arts and culture scene.



### Seton Catholic College Preparatory High School

Challenging academics and array of athletics and activities to help all students feel connected and engaged

- Two-story academic facility on 12 acres opened in 2016
- STEM center, fine arts studio, gymnasium, athletic fields and track
- Visual arts, robotics, technology, 3D animation courses offered

**Clubs** Social Justice, Trivia, Fishing, Gaming, Science Olympiad, Mock Trial, Investment, Guitar

**Athletics** Basketball, Soccer, Football, Volleyball, Cheerleading, Track and Field, Swimming, Cross Country

**Airport** Portland (PDX)

# Wisconsin

## APPLETON | St. Francis Xavier High School

Regarded as one of the most livable cities in Wisconsin, Appleton has plentiful recreational and entertainment options, a quaint downtown, and pleasant neighborhoods near walking trails. Lawrence University enlivens the community with an enriching variety of music, lectures, theater and sports activities.



### St. Francis Xavier High School

A Top 50 Catholic High School since 2007

- Fine Arts Center with 749-seat theater
- Engineering, business, journalism, creative writing and computer science courses
- Array of art courses including painting, ceramics, choir, concert band, jazz ensemble, acting, 2D and 3D design

**Clubs** Art, Bike, Broadcast, Chess, Theater, Equestrian Team, International, Fly, Ski, Psychology, Environmental, Book

**Athletics** Football, Volleyball, Cheer, Soccer, Basketball, Cross Country, Track, Softball, Baseball, Swimming, Tennis, Golf, Ice Hockey, Wrestling

**Airport** Appleton (ATW)